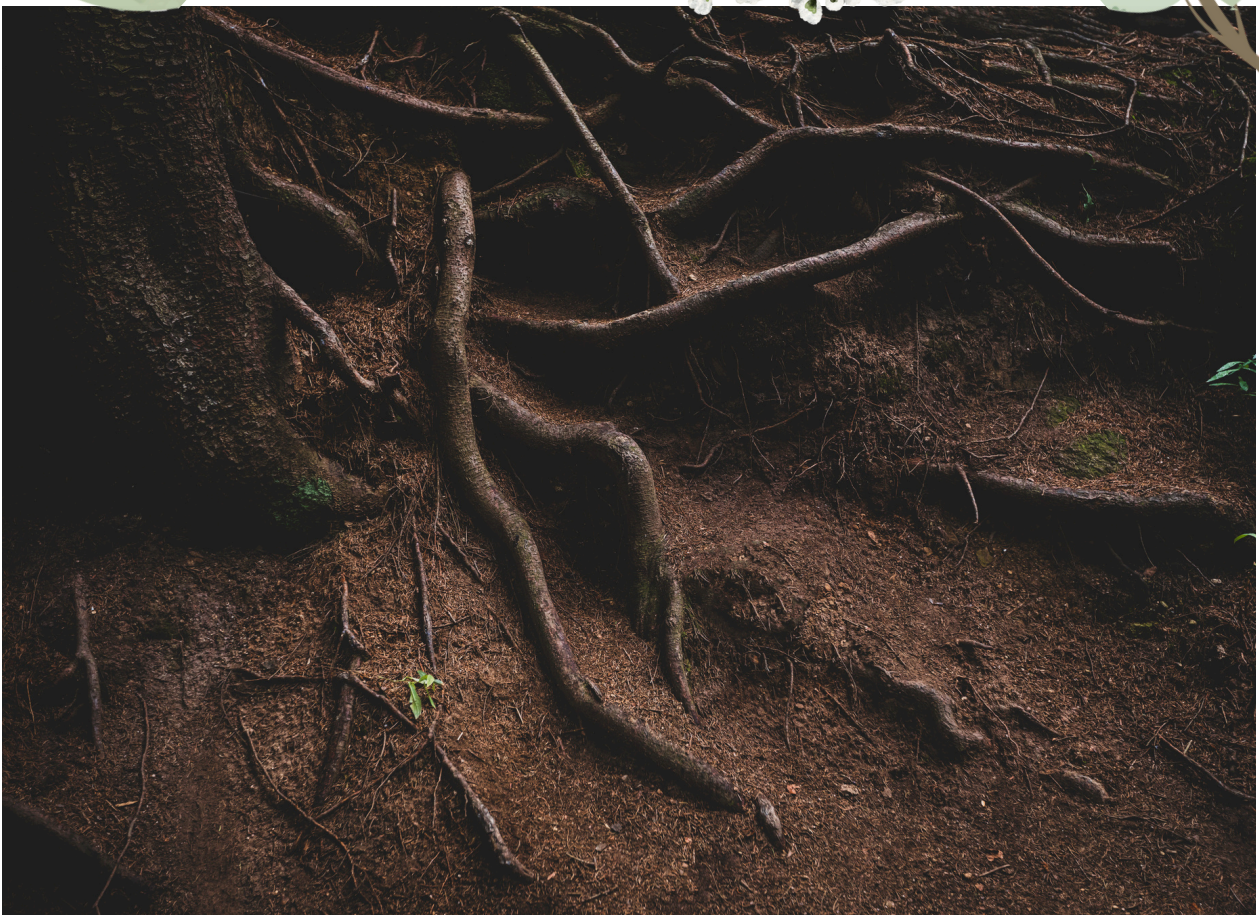


SEPTEMBER

Roots

&

Covenants



Bridges UU

A UU Network
Connecting the Beloved Community

Rooted In



Covenant

Order of Service Activity

Word Search

P C A F O C U S Y O U T H Y A
W I Z I T A M R W B E B L E H
I S R T L I S H Y M N S P H W
O O C E M R J R O E U A Y Z E
F N P L K E Y A E Z G D D Q L
F G P E O W D H U A E U S R C
E S A O N S C I F L D V X N O
R P B P S I I O T S U I K H M
I C E P R T N N V A E D N N E
N P H R N E L G G E T R G G S
G H J A W H L U W W N I M E S
U J X Y L W D U D O O A O O V
Z B X E Y I U D D E R R N N N
D Y N R E F C P C E N D D T Z
A M E S S A G E W D M N S S Y

Opening Words

Closing Words

Meditation

Focus Youth

Readings

Postlude

Message

Covenant

Chalice

Offering

Welcome

Sermon

Prelude

Hymns

Prayer

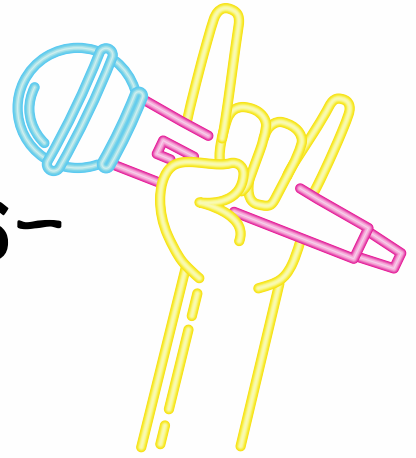
Songs



Song

-More Than Words-

By Paul Ermisch



Join with me in joyful song, Our covenant shall
keep us strong More than words, more than
deeds, gathered in hope and faith

A promise held, a promise true, We strive to live
what we pursue More than words, more than
deeds, gathered in hope and faith

When doubt creeps in and spirits fall, We'll
answer love's eternal call Through seasons
change, through years that pass, Our sacred
promise still will last

Hold the torch, the beacon bright, Let this be
our guiding light More than words, more than
deeds, gathered in hope and faith

Chalice Lighting



Rooted Like a Tree

Find Your Spot

Sit down in a comfortable position. You can sit cross-legged on the floor or on a chair with your feet flat on the ground. Let your hands rest softly on your lap. Close your eyes if that feels good, or keep them soft and looking down.

Breathe In, Breathe Out

Take a slow, deep breath in ... and let it out with a sigh.
One more time breathing in like you're filling up a balloon ... and breathing out, letting all the air go.

Feel the Ground

With every breath, imagine your roots going deeper and deeper, connecting you to the ground. The earth is strong, and it holds you gently, just like it holds the trees outside.

Leaves in the Wind

Imagine your branches filled with soft, green leaves. A gentle breeze comes by, and the leaves rustle and dance. You feel calm, steady, and alive just like a tree.

Breathing with the Tree

Take three slow breaths, imagining your roots growing deeper with each breath in ... and your branches reaching higher with each breath out.

Coming Back

Now, gently wiggle your fingers and toes. Feel yourself sitting here again. You are still rooted, still steady, still strong.

When you're ready, open your eyes.

You are rooted like a tree calm, safe, and strong.

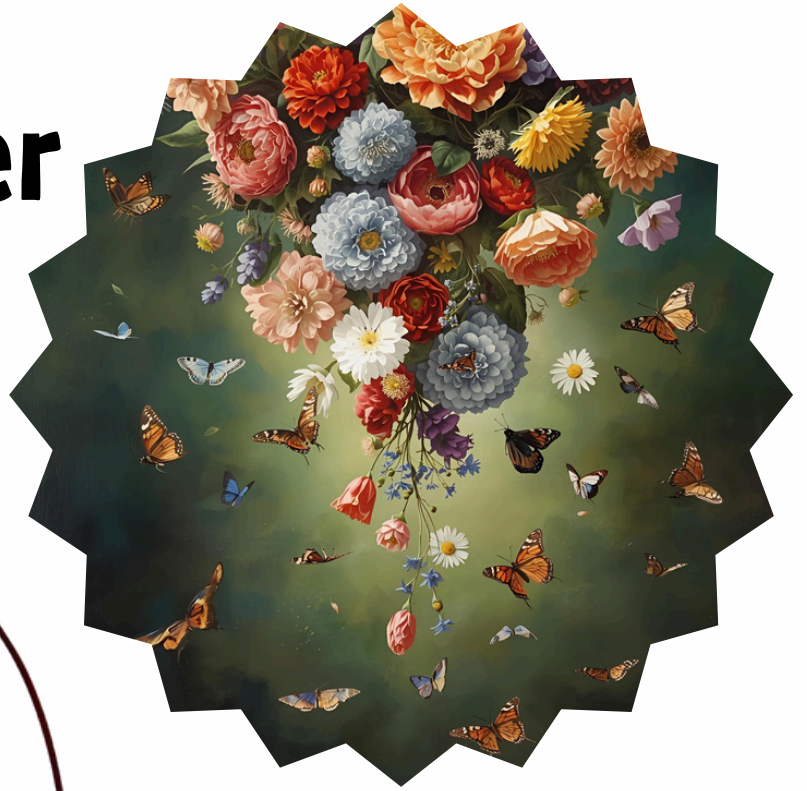
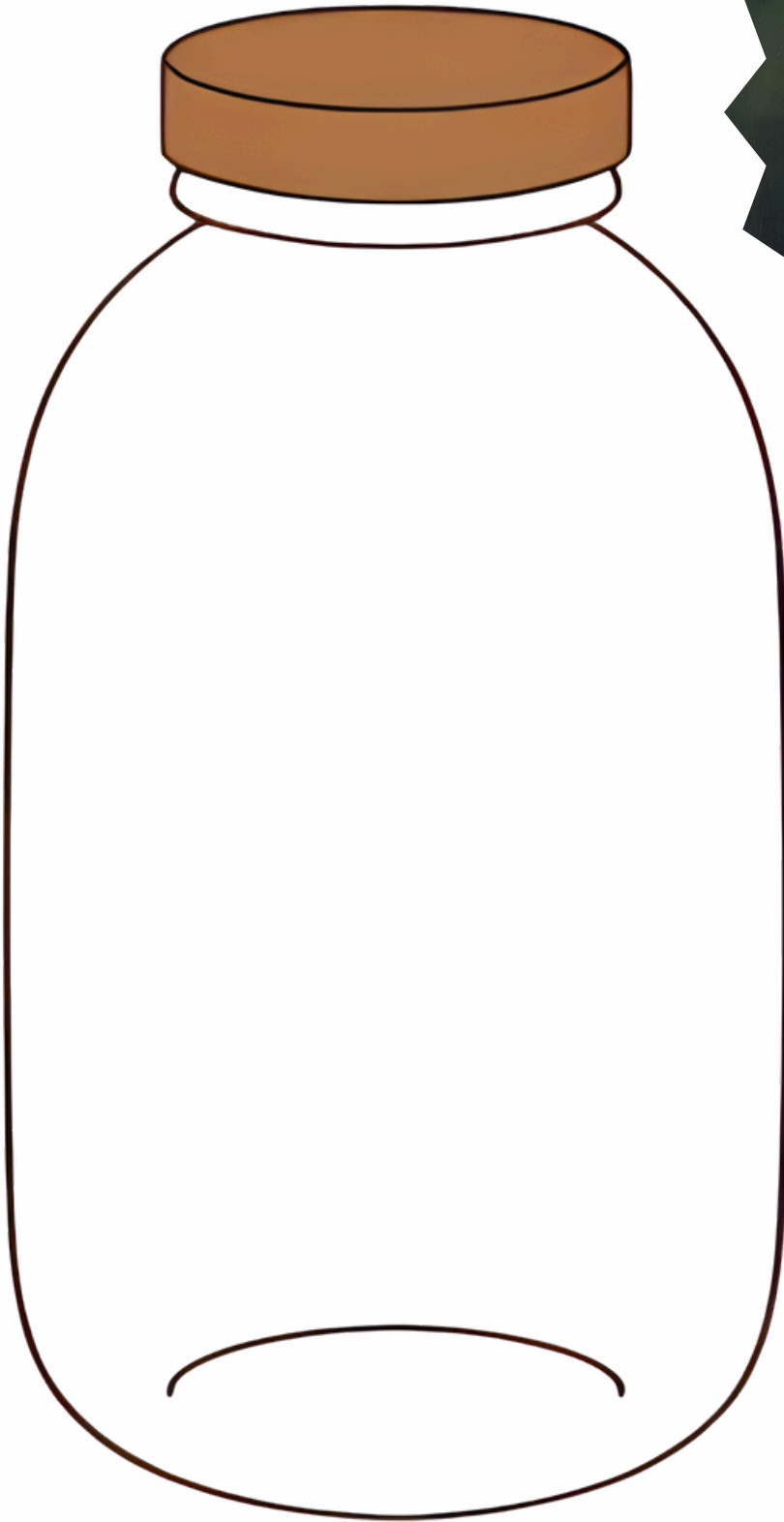
Rooted Together



**Under the Roots
write or draw how
you can help your
community**



Rooted In Wonder

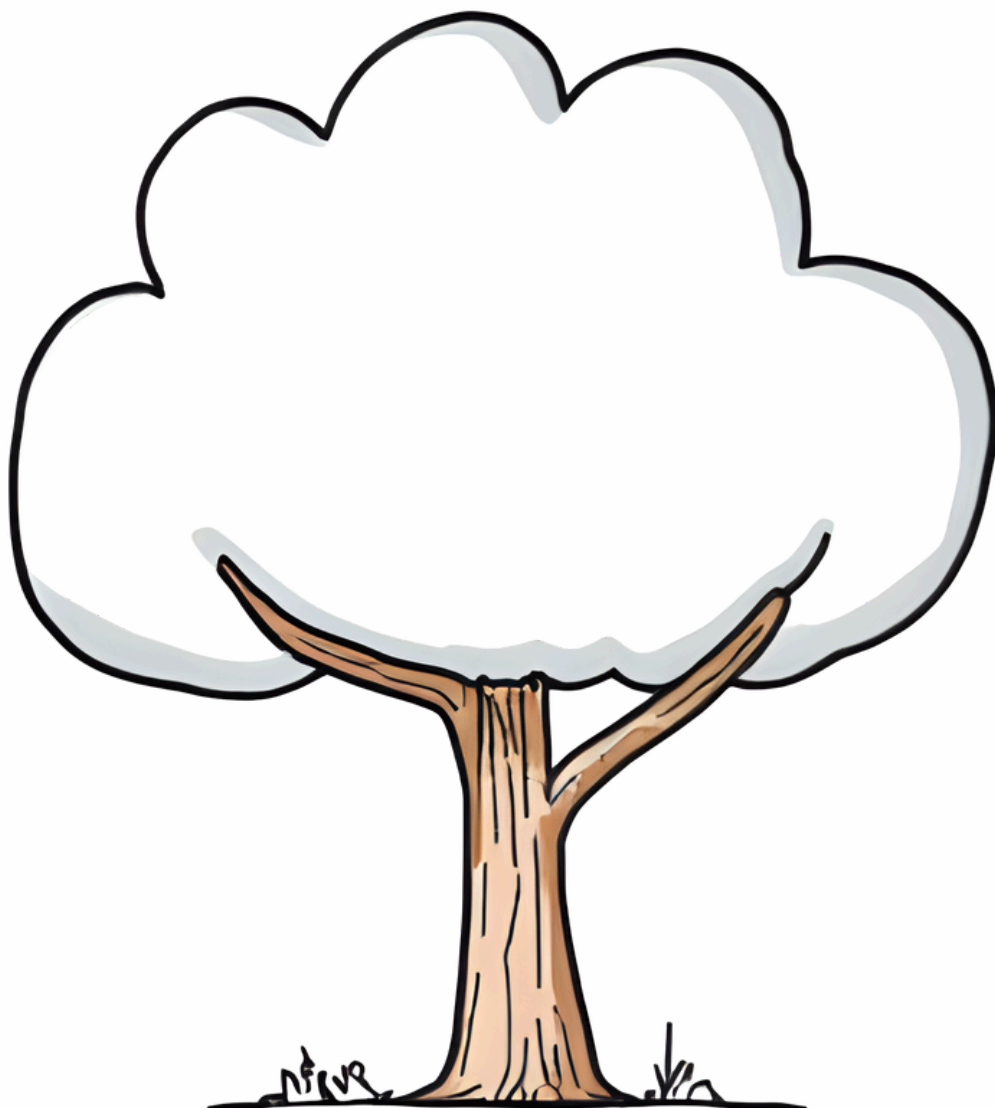


Fill the jar with
drawing or words
that bring you
wonder



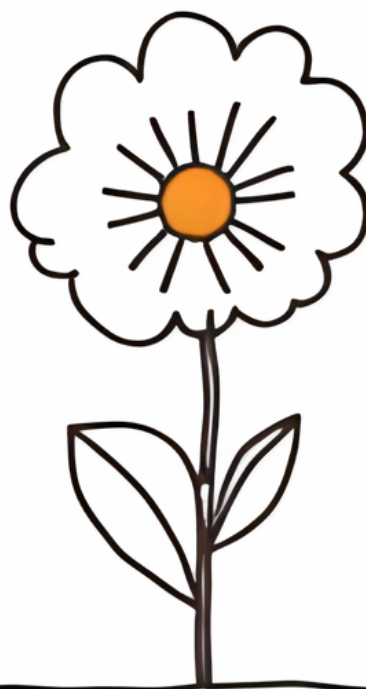
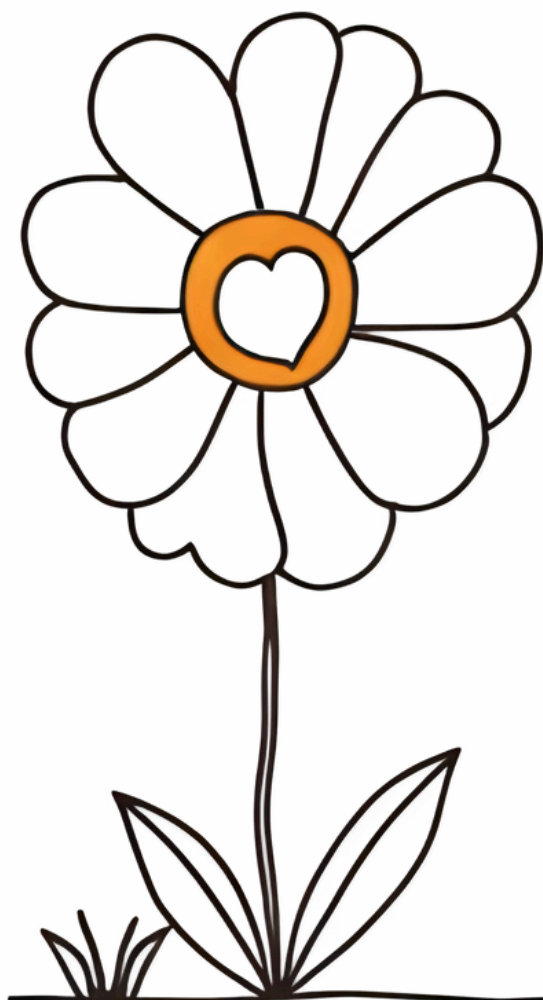
Rooted In History

Write or draw a
story from your
family



Rooted In Love

Write or draw
ways you show
love on the flower
pedals





A History of Covenant

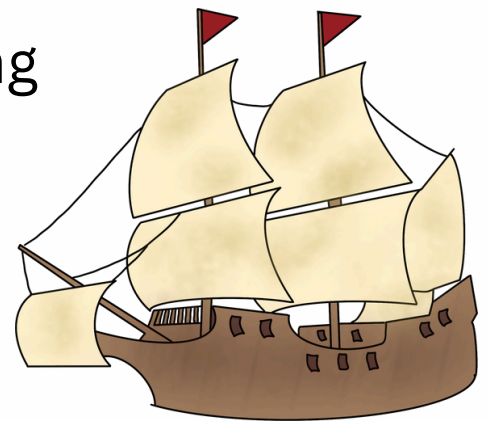


A long time ago, when people first came together to form churches and communities, they didn't all agree on the same beliefs. But they could agree on how they wanted to be together. They promised to listen, to care for each other, and to work together to make their world more fair and loving.

Today, Unitarian Universalists still make covenants. We do this in our congregations, in our classes, and even in our families. Our covenants remind us: We are stronger when we respect and care for one another.

Covenant is like saying

- “I promise to help.”
- “I promise to listen.”
- “I promise to share love.”



These promises help us build communities where everyone belongs and everyone matters.

Roots and Rythms

Through music we are
rooted together in
rhythm



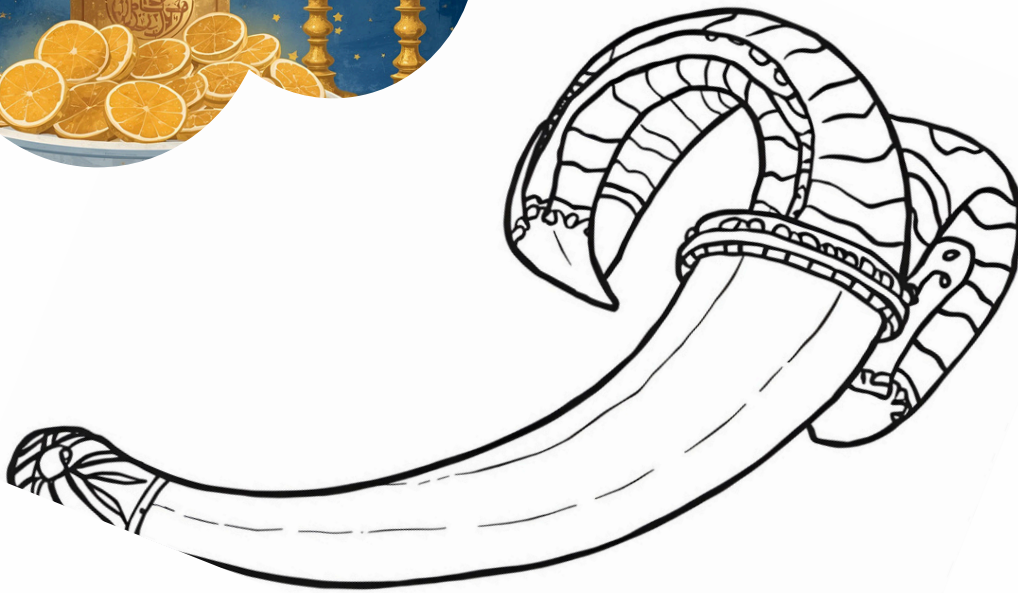


Rosh Hashanna

AKA Yom Teruah

Dates: 9/22-9/24

est..Ancient Israel



Rosh Hashanah is the Jewish New Year. It is a time to celebrate the beginning of a new year, to think about how we can do better, and to say sorry if we have hurt someone. Families often eat sweet foods, like apples dipped in honey, to hope for a sweet year ahead. It's a holiday about new beginnings, kindness, and making the world a better place.

Labor Day

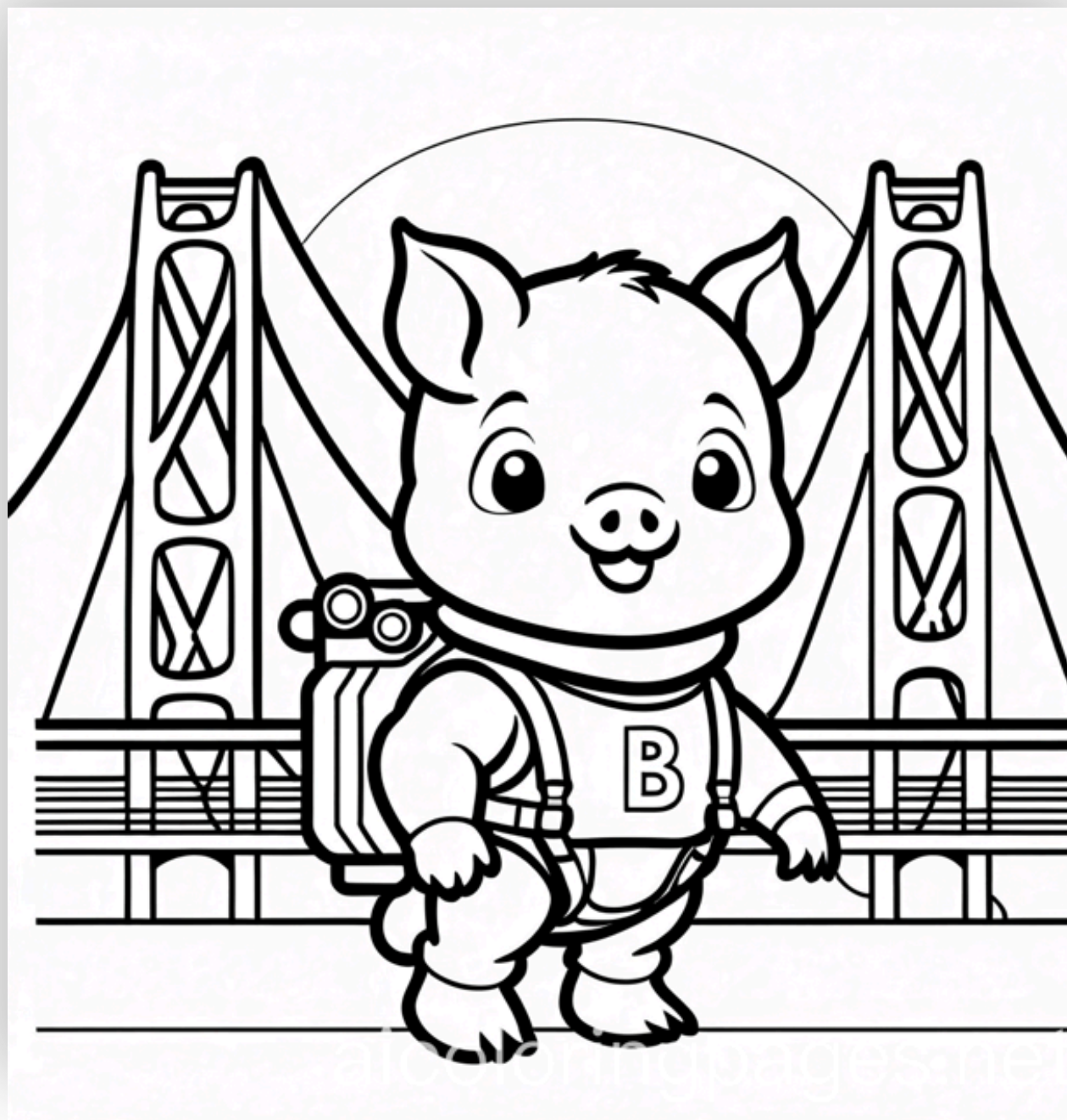
*The Central Labor Union
est. Sep 5th 1882*



Labor Day is a holiday that honors all the workers who help make our world run teachers, builders, farmers, cleaners, drivers, and so many more. It reminds us to be thankful for the people whose work makes our lives better. Labor Day is also about fairness, making sure workers are treated with respect, and having time to rest and be with family and friends.



Love As The Center



Generosity Transformation
Pluralism Justice
Equity Interdependence



What is



To You.....

TAKE HOME

Word Scramble Take HOME

ISCUTEJ

OTSRO

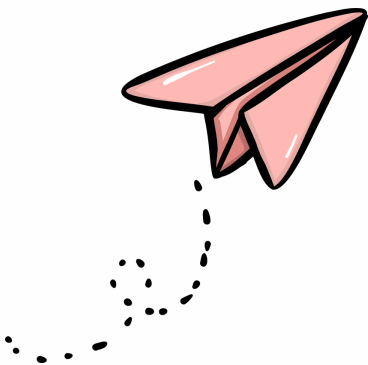
TEOREGHT

EWNDRO

OLEV

TIHRSOY

IJTPEG



UNITARIAN UNIVERSALISM



JUSTICE INTERDEPENDENCE EQUITY
GENEROSITY PLURALISM TRANSFORMATION

LOVE IS THE CENTER

BRIDGESUU.ORG